



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

For food assistance in the Waterloo Region call 519-743-5576 Ext 340 to be directed to the program nearest you. SSVP is currently supporting the North of 60 project providing food assistance to Chesterfield Inlet, Nunavut as well as creating Essential Hygiene Kits for newly arriving Ukrainian refugees.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Weekly Gospel Reflection (Mk 1:12-15)



Jesus was tempted by Satan for forty days. “Forty” is a biblical number of testing and trial. Temptations began with words, “**If you are the Son of God ...**” (Mt 4:3). It is to say, ‘If you are truly loved by God, let Him demonstrate that love.’

Similar temptations come to us, ‘If you believe you are loved by God, why all these trials in your life?’ Resisting temptations Jesus shows that being loved by God is not dependent upon being free from life’s afflictions and burdens. To trust God is the definition of faith; it brings inner strength. As Jesus was not disappointed, we won’t be either.

Fr. Jamroz

WELCOME TO ST. MICHAEL PARISH

Welcome, we are glad you’re here! For details on our parish life, please see our website: www.stmichaelw.ca

Parish Office Hours

The parish office is open Monday to Friday from 9:00 am to 4:30 pm.

Sunday Homilies Online

Sunday homilies are available weekly online in audio and pdf version through our parish website – just click on the button ‘SUNDAY HOMILY’.

The Church is Open for Prayer

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

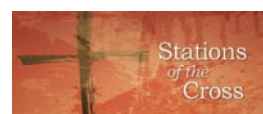
Prayer Intentions

Prayer intentions are placed at the front of the Altar and are remembered privately at Mass during the Prayers of the Faithful. You can also have your request shared with our prayer group ministry. Please go to our website www.stmichaelw.ca and click on Request a Prayer or contact the parish office by phone or email.

Parish Email List

All parishioners are welcome to join a parish email list. If you are on this list, you will be notified of upcoming parish events including funerals. To join the list, please sign up on our website at

<https://www.stmichaelw.ca/contact-us>



Mass and Stations of the Cross

Every Friday during Lent we will have **Mass at 7pm** followed by the **Stations of the Cross**

MASS INTENTIONS

Tuesday, February 20, 2024

7:00 pm + Special Intentions of Treasa Joy in Thanksgiving
+ Maria Eduarda Teixeira – Rita Belfry

7:30pm-8:30pm Holy Hour with Adoration & Benediction

Wednesday, February 21, 2024

12:15 pm + Lavern Logel – Paul & Stella Logel

Thursday, February 22, 2024

12:15 pm + Ladislav Gabor – Goddaughter & family
+ Special Intention of Fr. Lijo Thomas on his 10th anniversary of ordination to the Priesthood – Liban Joseph

Friday, February 23, 2024

8:00 am + Souls in Purgatory – Dimi George
+ Special Intentions of Susan Bourque
8:30am - 9am Adoration of the Blessed Sacrament
7:00 pm + For the parishioners of St. Michael Parish
7:30 pm Stations of the Cross

Saturday, February 24, 2024

5:00 pm + Hermina Hollo – The Family
+ Special Intentions of Melanie & Casmiro - Chelsea Fernandes
+ Mary Aziz Kas-Hamma – Imad Aziz Cherro

Feast of the Chair of St. Peter.

Thursday, February 22, Mass at 12:15

The feast of the Chair of Saint Peter celebrates Peter and his successors as bishop of Rome. Pope Benedict XVI (2006): “*Cathedra* literally means the ... seat of the Bishop ... it is the symbol of the Bishop's authority and ... his *magisterium*, that is, the evangelical teaching which ... he is called to safeguard and to transmit to the Christian Community. Celebrating the "Chair" of Peter means ... recognizing it as a privileged sign of the love of God.” (*Living with Christ*)

Why Fast During Lent?

The Canadian Conference of Catholic Bishops decrees that the days of fast and abstinence in Canada are Ash Wednesday and Good Friday. Fridays are days of abstinence, but Catholics can substitute special acts of charity or piety on this day. Our Catechism states: “*You shall observe the days of fasting and abstinence established by the Church*” (CCC 2043). The purpose of this precept is twofold. First, it is intended to help us prepare ourselves spiritually for Easter. Secondly, it helps us grow in self-discipline and awaken our hunger for God and His words. “*Man does not live by bread alone, but by every word that comes from the mouth of God*” (Mt. 4:4).



During the season of Lent, Formed has many resources to help you. There are daily resources available for adults and children. Our parish has a subscription to Formed so you can sign up for free at

<https://daily.formed.org/>

Development and Peace — Caritas Canada: a movement of solidarity



Established in 1967, Development and Peace — Caritas Canada is the official international solidarity organization of the Catholic Church in Canada.

We address the root causes of poverty, oppression, and inequality by working with partners in the Global South and by mobilizing Canadians in the common struggle for justice and dignity. We

champion women and social movements as key agents of lasting change. Our transformative work is possible **thanks to the generosity and support of our members** and Canadians who stand by us. **Join the movement** of over 12,000 members and help us bring our campaigns to life in your community. Visit devp.org/membership.

Act II Separated/Divorced Support Group

Act II is an informal support group for those who are experiencing separation or divorce. With the support of others you can begin to heal the emotional, social and spiritual devastation of divorce. Join us on the 3rd Tuesday of every month following 7:00 pm Mass (7:30-8:30pm) in the Parish Resource Centre/Library. The next meeting is **February 20th**. Join when you can. Bring a friend. For more information call 519-884-9311 or visit our website:

<https://www.stmichaelw.ca/separated-and-divorced>



STRUGGLING MARRIAGE? FIND HOPE WITH RETROUVAILLE

Does your marriage feel like it is more trouble than joy? ... The solution is **Retrouvaille** – a program designed to help couples restore their marriage and rebuild a loving relationship. ... It has proven positive results for struggling couples ... The next Retrouvaille weekend is **March 8-10, 2024**. For more information call 905-664-5212 or email teamrecine@gmail.com.



CWL Rosary On-Line during Lent 7:00 pm Mondays

CWL members and parishioners are invited to join together in praying the Rosary on **Monday** evenings during Lent – February 19th, February 26th, March 4th, March 11th, March 18th, and March 25th. **The Rosary will be prayed on-line over Zoom at 7pm.** It will be led by a member of the CWL. If you would like to join, please email Shani Pregelj: cwl@stmichaelw.ca or phone 519-883-8933 to request the Zoom link.

All are welcome to participate – CWL members, parishioners and friends.



The parish office and the church will be closed on Monday, February 19th for Family Day



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Waterloo Knights of Columbus

Columbus Conference Centre

145 Dearborn Place

Friday Night Fish Fry:

Take out call **Derek 226-748-8378**

Eat in call **Manager 519-884-2060**

Wednesday Spaghetti: Take out/Eat in call

Manager 519-884-2060, place orders by 2:30 pm

Hall Rentals: Stag & Does, Meetings, Parties,

Life Celebrations call **Manager 519-884-2060**



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